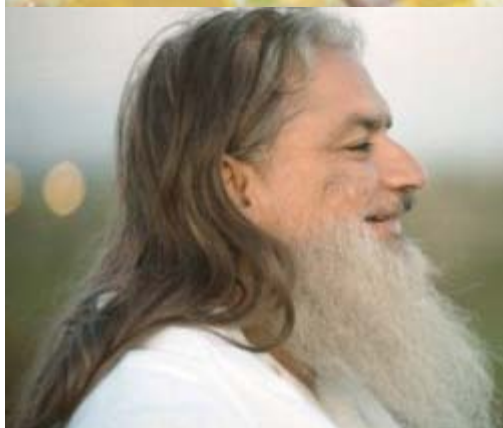




# TRUTH CONSCIOUSNESS eNEWSLETTER



Truth Consciousness, nonprofit organization, was founded by Swami Amar Jyoti in 1974. Photo taken in 1984 at Desert Ashram.

## eNewsletter #5, Autumn 2008

### *Namaste*

Autumn greetings. We hope you are taking time to enjoy this vibrant season when Mother Nature's beauty shines so splendidly. We would like to share recent news about the ashrams founded by our Gurudeva, Swami Amar Jyoti, as well as new publications. We thank each of you who has offered your time, ideas and donations to support this important mission of awakening Higher Consciousness in our world. You are invited to visit our Ashrams or come for a personal retreat, to attend daily aarati, Satsang every Sunday and Thursday evening and special programs throughout this holy season. We will be sharing quotations throughout this newsletter from Gurudeva's Satsang in the just-released winter issue of *Light of Consciousness*.



[Entrance to Sacred Mountain Ashram](#)

The auspicious day of Ganesh Chaturthi was celebrated on September 3rd at Sacred Mountain Ashram and Desert Ashram, and more recently, Navaratri, "nine nights of worship to Divine Mother," was observed from September 30 through October 8. Navaratri culminated in a joyful celebration of Durga Puja on October 9th with a festive meal offered to Maa, kirtan, puja and Gurudeva's Satsang.



[Navaratri celebration.](#)  
[Sacred Mountain Ashram](#)

**The reason so many thoughts come during meditation is because we have created so many karmas and they have left their impression upon our minds.**  
~SWAMI AMAR JYOTI

### *Sacred Mountain Ashram News*

This year the autumn season at [Sacred Mountain Ashram](#) turned into a lovely Indian summer, the aspens exceptionally stunning, turning shades of gold, rust and amber. The crisp pungent air and brilliant blue skies of fall remind us every year how blessed we are to live on this sacred mountain in beautiful Colorado.

A number of new seekers have visited the ashram and attended Satsang in the summer and autumn season. Those who come for



[Historic Gold Hill Village near Sacred Mountain Ashram](#)



[Navaratri celebration, Desert Ashram](#)



[Gurudeva's slippers at Desert Ashram](#)

personal retreat often let us know how much they appreciate their experiences and we appreciate hearing from them:

*I am grateful to you for allowing me to experience your unique, beautiful, and holy way of living. I especially cherish having been a part of your Gurudeva's birthday celebration and observation. I was truly moved by the powerful sense of connection and community that pervaded throughout the rituals, meals and prayers... You've given me a gift to last for years to come. —G.M.*

*How wonderful it would be if everyone in the world could experience the wisdom and compassion here, Gurudeva's teachings... and the precious care he still showers so abundantly on all of us. —J.H.*

As the days grow shorter and the first snows appear, we look forward to the silence and stillness of winter, which inspires deep meditation. You are welcome to visit or come for personal retreat throughout these winter months as we keep the wood fires burning.

**In Oneness there is nothing to conquer or lose.  
Simply let go and allow Consciousness or Light to shine.**  
~SWAMI AMAR JYOTI

### ***Desert Ashram News***

[Desert Ashram](#) is the home of much of our publication seva (service). If you visit, we'll be happy to show you where we work on our journal, *Light of Consciousness*, and our other publications. We've undertaken several special mailings during the last couple of months, which includes folding, stuffing, labeling thousands of pieces of mail. Everyone's help with this karma yoga is much appreciated. We all feel blessed to be doing this work as a service to God and Guru.

Visitors have been coming in steadily increasing numbers, including personal retreats. We offer a comfortable, quiet and serene space from which guests may participate in ashram life or experience complete silence and solitude.

Desert Ashram took part in Unity's "11 Days Of Unity" on September 16 by sharing Gurudeva's Satsang on Prayer for Awakening along with Sanskrit mantras (ancient Vedic prayers) and kirtan. A meditation group from nearby Green Valley has invited us to share a similar program in January.

As part of our general campaign to reduce expenses, we are expanding our vegetable garden, harvesting and shelling pecans from our orchard, and implementing energy saving ideas.

Preparations are under way for a group Retreat at Desert Ashram in 2009, February 25th evening through March 1st. Space is limited but if you are interested in more information about this retreat please

contact us. May the Ashrams that Swami Amar Jyoti established for all continue to be a source of spiritual nourishment for you.

## Just Released

The new winter issue of *Light of Consciousness* has just been released and subscribers should start receiving your copies this week. In this issue we have, in addition to Gurudeva's Satsang, Meditation and the Simple Life, fascinating articles by the Institute of Noetic Sciences, David Frawley, Ph.D., Eknath Easwaran and Candace Newman, poetry by Stephen Levine and art by Syamarani dasi. By the first of November you will see the new issue in your local bookstores.

## Featured Special Offers

Choose from these unique gifts to bring a spiritual focus to the holiday season and coming year —

## Prayer & Meditation 2009 Calendar

Celebrate Our Oneness in Spirit with this exquisite calendar that offers inspiration each day of the year. A special gift offer with EPMC9 discount code:

1-2 = \$13.99 ea

3-4 = \$11.20 ea (20% off)

5-8 = \$9.80 ea (30% off)

9 or more = \$8.40 ea (40% off)

(plus shipping)

To see more and order, [CLICK HERE](#).

## Meditation Set

- A CANDLE IN A WINDLESS PLACE  
Satsang by Swami Amar Jyoti on CD
- Soy Meditation Candle
- Quality Incense

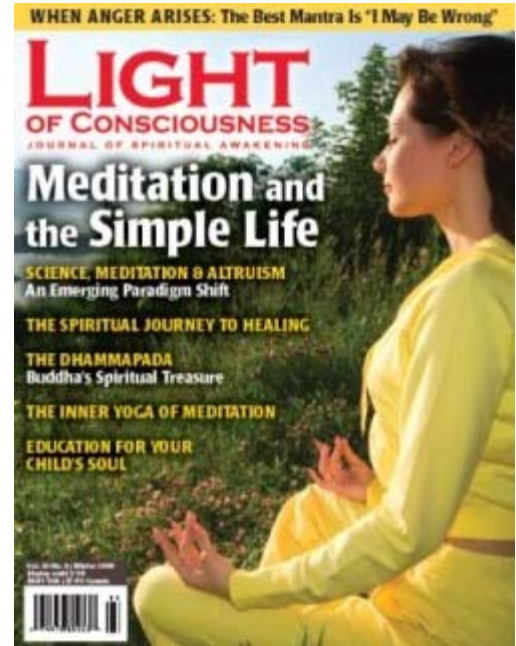
*Satsang CD by Swami Amar Jyoti: A CANDLE IN A WINDLESS PLACE: the heroic work of calmness; doing nothing, being everything. (53 min of direct spoken spiritual teachings on meditation).*

*Soy Meditation Candle: earth-friendly soy wax, pure essential oils, cotton wick, non-toxic, 6 oz, 2 3/4" x 2 3/4", 45-hour burn time.*

*Quality Incense: created to act as a bridge to inner awareness, these ancient formulas from India are hand-rolled from the finest ingredients.*

Give this gift to yourself or others who wish to begin meditating or would appreciate fresh inspiration in an established meditation practice.

Valued at \$33.40, this set is now offered in a gift package to our



[JUST RELEASED—OUR WINTER ISSUE!](#)



[Meditation Set](#)



[Iyoti Mandir at Desert Ashram](#)

newsletter readers for only \$24.95—a discount of 25%. We can mail to you or directly to your gift recipient with a gift card enclosed from you. [CLICK HERE](#) to order online. AVAILABLE FOR SHIPMENT TO USA ADDRESSES ONLY.

### ***Retreats with Swami Amar Jyoti***

We have been exploring the idea of offering intimate weekend retreats in the format created by Swami Amar Jyoti during the decades He was with us physically. These life-changing times offer an opportunity for profound introspection and spiritual opening.

The retreats normally begin on a Friday afternoon/evening and end the following Sunday after the midday meal. The days are filled with Gurudeva's Satsangs—imbued with even more potency during retreat-time—heart opening live kirtan, periods for meditation, solitude, walking, hatha yoga, and nutritious vegetarian meals. All lodging and boarding is provided as part of the retreat.

We would like your input on this idea. Kindly let us know if you would be interested in attending such a retreat, and anything else you would like to ask or suggest. You may [CLICK HERE](#) to send us an email; or phone us at 520-743-8821.

### ***Your Support Is Needed***

We cordially invite you to become a supporter of Truth Consciousness. Your donations support the light-bringing work of Truth Consciousness, including the outstanding publications inspired by Swami Amar Jyoti. Truth Consciousness is a 501 (c) 3 Federal Tax-Exempt Nonprofit Organization. All donations are fully tax-exempt and any amount is welcome. Donations may be submitted using our secure online credit card system, by mail or by phone to: Desert Ashram, 3403 W. Sweetwater Dr, Tucson, AZ 85745-9301, Ph: 520-743-8821.

[DONATE ONLINE](#)

### **Truth Consciousness Ashrams**

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Boulder CO 80302-9716  
Ph: 303-447-1637

Desert Ashram  
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[Jyoti Mandir at Desert Ashram](#)

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