

# TRUTH CONSCIOUSNESS eNEWSLETTER

## eNewsletter #6, Winter 2009

### *Namaste*

Winter greetings. As we look at the year just past, we want to thank all of you for your generosity and expressions of appreciation for the loving wisdom and work of our Gurudeva, Swami Amar Jyoti. We are grateful for your kindness and support. May His blessings bring you peace and joy every day.

In October, Sacred Mountain Ashram and Desert Ashram celebrated Divali the Festival of Lights, with Gurudeva's Satsang, Puja, Kirtan and a Priti Bhojan meal. The temples looked beautiful with the flickering of many votive candles. Divali celebrates the return of Lord Rama to His kingdom of Ayodhya, symbolic of Light vanquishing darkness, Wisdom and Love prevailing over ignorance.

*When Light wins over darkness or Consciousness overpowers unconsciousness, when the energies of mind and heart are released from the pressures of bondage, we experience joy and bliss. That is why we celebrate the spirit of victorious Light on Divali.*

—SWAMI AMAR JYOTI

Christmas was celebrated at both Ashrams with Gurudeva's Satsang, Christmas carols and readings about the birth of Jesus. In addition, ashramites at Sacred Mountain Ashram, shared kirtan and carols at Frasier Meadows Retirement Community in Boulder, and in the week before Christmas saw the film, *The Nativity Story*, together at the Ashram. On Christmas devotees at Desert Ashram listened to the Satsang, *The Higher Message of Jesus*, in which Gurudeva reminds us that Jesus' message was not dogmatic but uncompromisingly spiritual.

### ***Sacred Mountain Ashram News***

This winter [Sacred Mountain Ashram](#), at 9000' elevation in the Rockies, has been blessed with abundant sunshine and snow interspersed with high winds. Winters are long and cold here and that makes the Winter Solstice especially welcome. We are still



Truth Consciousness, nonprofit organization, was founded by Swami Amar Jyoti. Photo of Him above taken at Ward, Colorado in 1988



[Jyoti Dham—Abode of Light. Gurudeva's cottage, Sacred Mountain Ashram](#)

waiting for much-needed snows to transform this heavenly mountain into its winter glory, which will make the flowers and animals flourish this spring and summer.

New visitors continue to arrive for Satsang, held twice weekly. Beginning in January we now have women's hatha yoga class twice weekly, which has become quite popular in the Gold Hill community. In mid-January a group of students from Ravencrest Chalet, a Christian college in Estes Park, came to ask questions for their religious studies class, ending their visit with a quiet meditation at Jyoti Mandir, "Temple of Light."

Already we are seeing the unusual effects of global warming with the aspen trees forming their pre-leaf clusters in January, which is three months early. With Gurudeva's blessings, this land continues to be a refuge for seekers and all God's creatures, the peace and silence here an endless solace for mind and spirit. [Click here to see recent photographs of Sacred Mountain Ashram.](#)

*Whenever movements are disturbed in the earth atmosphere or the cosmos, nature begins to bring them back into rhythm.*

—SWAMI AMAR JYOTI

## ***Desert Ashram News***

[Here in the desert](#), long cool nights encourage more going within. Pleasant winter days help us to undertake various projects. A bumper crop in the pecan orchard has been picked and is being shelled. Tangerines have been picked and gradually oranges, lemons and grapefruit as well. At Jyoti Mandir, our Temple of Light, work continues on improving the acoustics in the Satsang Hall. Much needed lights, as protection against snakes, have been installed in the driveway and on the steps leading to Jyoti Mandir. Wintertime also brings more daytime visitors and guests for personal retreat. And recently Gurudeva's Satsang on meditation was shared with a nearby Green Valley Meditation Group.

Preparations are under way for the Retreat to be held in February—general sprucing up of the grounds (note the bright white paint on all the parking bumpers), some interior painting and the many tasks associated with the Retreat itself. We are all very grateful for the Retreat week of immersion in the blessings and presence of our Gurudeva for renewal, inspiration and spiritual unfoldment. [Click here to see recent photographs of Desert Ashram.](#)

*Your true Self dictates, not your ego or selfishness, because that will degrade you. Whatever your inner voice, your Spirit and your conscience*



[Devotee at Diwali celebration, Sacred Mountain Ashram](#)



[Jyoti Mandir— Temple of Light, Sacred Mountain Ashram](#)



[Diwali celebration, Desert Ashram](#)



[Jyoti Dham, Desert Ashram](#)

tell you, follow that.  
—SWAMI AMAR JYOTI

## Just Released

The quotations from Swami Amar Jyoti (except the one on Divali) in this newsletter are from His Satsang in the new Spring issue of *Light of Consciousness*: "The Dance of Life." In addition to this awesome Satsang this issue is a *shakti*-filled gathering of articles from authors including Lynne McTaggart, Alison Wright, Blair P. Grubb, MD, Sharon Gannon, Seane Corn, P.M.H. Atwater, Vanamali and several others. Copies are already in the newsstands at the chain bookstores, whole food markets and metaphysical stores so if you are new to *Light of Consciousness*, visit your local store and have a look. You can also see the new issue contents by [clicking here](#).

*In any action that we do, whatever the circumstances, when we flow in tune with the Lord and His creation the results will be fantastic. Everything may not happen the way you desire but it will certainly be fulfilling and satisfying.*

—SWAMI AMAR JYOTI



[JUST RELEASED—OUR SPRING ISSUE!](#)

## Featured Offer For Our Newsletter Subscribers

"If we knew of a certain place within us where we could be our Self, where we could find rest and rejuvenation, probably we would love to retreat there . . ." So begins **RETREAT INTO ETERNITY: an Upanishad – Book of Aphorisms** by Swami Amar Jyoti.

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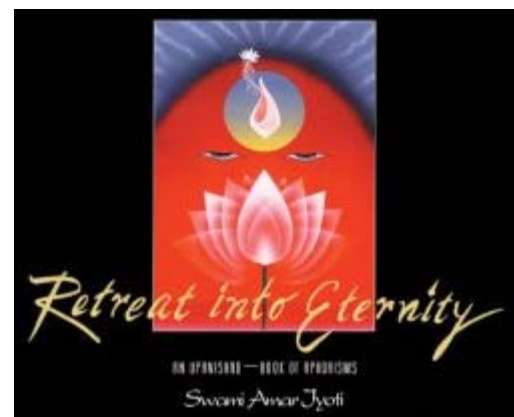
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[Retreat Into Eternity:  
an Upanishad – Book of Aphorisms  
by Swami Amar Jyoti](#)

To order [click here](#).

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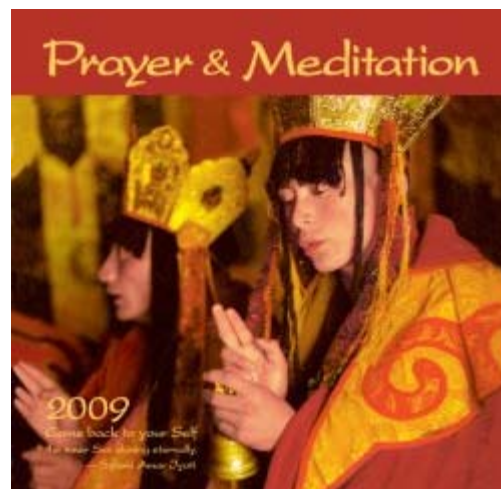
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